

DANCE WITH THE TAO, DANCE WITH THE UNKNOWN

accessing our life force in the 'ordinary and the extra ordinary'

Seminar with Stanya Studentova, Dipl. PW and Anup Karia, Dipl. PW, 14th – 16th September 2018, Prague

Do you sometimes feel 'life is slipping away' or you feel stuck in old patterns... it maybe that you're not in touch with what really moves you and matters... Movement is the core of Processwork because, the term 'process' means the flow of experience or the movement which is inherent in life and nature. Unfolding movement signals is the most rapid access to our 'deeper dreaming'.

During our life ,we learn to walk or move properly, but not to follow our unique, mysterious and unpredictable movement signals. It is all too easy to focus on those aspects of movement that we favour or like, and to ignore the movements which are unintentional, distasteful, fleeting or which we simply don't understand. Paying attention to unintentional or disturbing movements help us to facilitate new perspectives that can be transformative in every day life situations including moods, relationship difficulties and collective/group disturbances. It is a way to truly connect with the force of nature which is moving through us and have fun along the way!

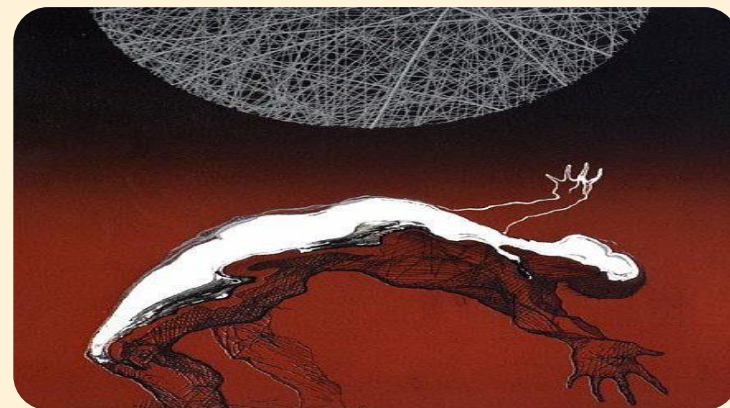
We will learn and practice Processwork's unique way of working with movement including exploring processes behind long term body positions and altered states or trances we get into without noticing.

Stanya Studentova, Dipl. PW & Anup Karia, Dipl. PW.



We are experienced facilitators, consultants and psychotherapists. For many years we have been exploring and working with different ways how to follow the process in various situations in Europe (especially Czech Republic & UK) and the wider world.

Both of us lead the process-work faculties. We look forward to share from the rich well of our experience.



Venue: Prague

When: 14th – 16th September 2018 (Friday 4pm to Sunday 4pm)

Fee:

3 600 CZK registration and payment by 15 July 2018

3 900 CZK registration and payment by 15 August 2018

4 200 CZK registration and payment by 15 September 2018

We offer limited count of donated spots for students, mothers/fathers on maternity leave and seniors. For more information, contact us on: kurzy@processwork.cz

Language: English with translation into Czech

Accommodation: If you would like assistance to find a place to stay, please get in touch: kurzy@processwork.cz

Contact person: Anna Rylvolová, +420 776 688 922

Enrolment: Please fill in the [form](#) to enrol.