

Certificate in Group Facilitation: working with groups in diverse contexts

Prague, 2011

Teaching team:
Anup Karia Dipl.PW
Stanya Studentova Mgr. Dipl.PW
and assistants

approach

The course will be based on the phenomenological approach of Worldwork, a small and large group facilitation model which offers a robust theoretical framework together with a number of powerful tools, methods and soft skills. Worldwork, developed by Arnold Mindell, is based on the concept of 'deep democracy', the experience that groups, organizations and communities can reach deep understanding and find creative directions when all parts are included and interact with facilitation.

course structure

The course will include theoretical and experiential classes on different aspects of facilitating groups, exercises and case studies. Since personal development and group facilitation will be a key element in the program, each session will have group processes built in, in which we will learn and practice group facilitation methods. Participants will also be asked to practice and apply these skills in outside situations and in peer sessions.

The course will consist of:

- 4 three-days face-to-face training sessions
- 4 peer learning group events either in person or on the net
- 2 individual mentoring/supervision sessions, on the phone or in person

certification

Successful participants will receive Certificate in Group Facilitation by IPOP, Czech Republic. The course is in the process of being accredited by Ministry of Education and Ministry of Social Work in the Czech Republic.

admissions:

Send application form (on the web) with professional CV and short reflection about your motivation to take part in the course and little bit about your work and yourself.

This one year course in group facilitation based on the Worldwork methodology and philosophy is being offered in the Czech republic for the first time and welcomes participants from the whole Europe.

programme description

Facilitating groups of all kinds can be a rich and challenging experience and requires perception, awareness and skills. The training is built on an appreciation for the diversity inherent in nature, people and groups. It works with notion that group differences, conflicts, tensions and passions contain the seed of the solutions to its problem and its evolution. At its core is the understanding that personal and professional experiences are intrinsic to learning and that the personal growth and awareness of the facilitator are key.

The philosophy and interventions taught are accessible cross culturally and have been useful in both psychological and non psychological groups settings.

Through intensive skills training and close tutor contact, participants will be supported to discover their personal and cultural diversity of facilitation styles and connect their learning directly to their professional life and the wider community.

overview

Module 1: Introduction to group work theories and 'deep democracy' principle, role of facilitator; inner work; rhythm of group life. Fundamental skills and soft skills: facilitating the field; roles, ghost roles, hotspots and cool spots.

Module 2: Awareness of rank, power and hierarchy; facilitating inner and outer diversity. Conflicts; escalation and de-escalation, understanding conflict rhythms and how to facilitate them. Authority as a role, inner and outer process.

Module 3: Facilitation in the hot spots, strong emotions, collective and personal histories and group dynamics. Confidence and motivation of the facilitator; methods to stay balanced and lead in the midst of chaos.

Module 4: Creativity and facilitation of change in the groups; teamwork, lab - skills building and self development. Working with group endings; group presentations and projects; evaluation.

More information about the course content and method

Website: www.astafacilitation.net
telephone: 0044 20 85795123
email: asta_info@btinternet.com

Logistical information and registration

Website: www.processwork.cz
telephone: 00420 723305282
email: vycvik@processwork.cz

on completion of the course participants will be able to:

- ❖ think, perceive and intervene systemically when working with a group
- ❖ have an understanding of the multileveled nature (overt and hidden) of group dynamics and the inherent creativity involved
- ❖ develop awareness of self as part of the group field; understanding difference between a 'neutral' and a 'fluid' facilitator
- ❖ have understanding of the deep democracy principle and its application to groups
- ❖ develop skills, soft skills and confidence to facilitate conflict situations
- ❖ notice and facilitate intense or chaotic moments in groups
- ❖ notice and use concept of 'roles' to facilitate group dynamic
- ❖ show an ability to notice and frame changes in group atmosphere
- ❖ work with diversity and rank in the variety of group settings
- ❖ use inner work methods to stay centered in the middle of chaos
- ❖ understand the rhythms of group life from the beginning to its completion



Dates in 2011

February 4-6; May 20-22;
September 9-11, November 4-6.

Where: Prague, Czech Republic

Cost: 1,200 Euro higher income country
or 950 Euro lower income country
Payable in 3 installments.

Who can register

This course is designed for those who either work with groups in various capacities, or would like to develop their work in this direction.

Language: english and czech